

**Bloodtime, Moontime,  
Dreamtime: Women Bringing Forth Change**  
A Film by Roberta Cantow

A three-part documentary, Bloodtime Moontime Dreamtime captures the landscape of women's mysteries through the theme of "blood mysteries" in a way that is authentic, raw, and hauntingly beautiful. It is the truth of a natural element that has been shamed for so long, yet here it is healed with integrity and transformative depth.

Bloodtime: Claiming the Territory shares the contradictions of our relationship with blood. Blood shown in war, in film, in murder, and in mythological tales of vampires are quickly becoming natural aspects of our collective language, yet blood in menarche, childbirth, and in celebration of the fertile land is regarded as disgusting and shameful. Understanding and integrating the concept "She who bleeds is she who brings forth life" is vital in healing our relationship with feminine blood, and is explained beautifully.

Moontime: Celebrating the Blessing honors a girl's entrance into womanhood through sacred storytelling of menarche. The commentary in this segment is not simply from young girls and women, but also - wonderfully - from fathers who honor their daughters and hold sacred space on the perimeter while recognizing that this is truly a woman's mystery. The unusual (for women's spirituality literature) subject of father-daughter bonding is handled in a heartfelt and enlightening way.

Dreamtime: Creating Art and Ritual completes the trilogy as women bring forth change through transformative tools. A perfect culmination of the progression through the beginning of bloodtime, the experience of honoring moontime and the expressive release and transformation through ritualistic art is evocatively revealing in its raw emotion, which surfaces through the magic. It is spiritual release, and a welcome one at that.

Roberta Cantow brings together an amazing group of commentators, including psychologists, authors, and artists, and adds to the mix a beautiful musical score by Bronwen Jones, who weaves the thread of these stories together in an intricate web. Bloodtime, Moontime, Dreamtime: Women Bringing Forth Change is more than a documentary on women's blood mysteries; it is a soul journey through our sacred selves, and it connects us to our ancestry and our future through our blood. To say that it is amazing isn't doing it justice: it is healing, it is beauty, it is truth. I truly believe all women would benefit from viewing this film, and I highly recommend it. A remarkable piece of art that should not be missed.

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